



Need a little Support?

We've Got you.

If you or your family are struggling, your Arete Employee Assistance Program can help with things like:

- Personal & relationship counselling
- Work-related challenges
- Childcare navigation support
- Addiction or dependency concerns
- Legal issues
- Financial concerns
- Nutritional guidance
- Family or eldercare issues

**Call today for confidential and professional support,
at no cost to you. 1-877-412-7483**



Feeling Unsteady?

Lean on us.

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Low Battery?

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